

CHEF Coaching Course Guide

	CHEF Coaching – The Basics (Part 1 of 2-Part Course)		CHEF Coaching – Beyond the Basics (Part 2 of 2-Part Course)			CHEF Coaching – Basics + Beyond the Basics
Course Title (click link for registration page)	CHEF Coaching - The Basics	CHEF Coaching – The Basics as part of Tools for Promoting Healthy Change Conference	CHEF Coaching - Beyond The Basics January 2024	CHEF Coaching - Beyond The Basics April 2024	CHEF Coaching - Beyond The Basics July 2024	Clinicians CHEF Coaching: The Basics + Beyond The Basics
Dates	Ongoing Self-Paced	June 6, 2024	Jan 8 – Feb 9 2024	Apr 1 – May 3 2024	July 8 – Aug 9 2024	Starting Sept 9, 2024
Sponsoring Organization	Harvard Medical School	Harvard Medical School	Harvard Medical School			Spaulding Rehabilitation Hospital
Mode of Delivery	Online, Pre-recorded Lectures	Online, Live Streamed Lectures	Online, Live Streamed Small-Group Practice Sessions			Online, Live Streamed Lectures + Small-Group Practice Sessions
Cost	\$270	\$350 Workshop Fee	\$495			\$990
Certificate of Completion	Must also complete Beyond the Basics within 3 years	Must also complete Beyond the Basics within 3 years	With past completion of or in conjunction with The Basics			Yes
CME Credits (ABLM/IBLM Maintenance of Certificate Approved)	5.25 AMA PRA Category 1 Credits	6.75 AMA PRA Category 1 Credits	7.50 AMA PRA Category 1 Credits			None
National Board of Health & Wellness Coaching	None	None	None			15 CE Credits
Wellcoaches	*See Beyond The Basics Note	*See Beyond The Basics Notes	*18 CE Credits – with completion of The Basics in either mode of delivery			18 CE Credits
Academy of Nutrition & Dietetics	None	*See Beyond The Basics Note	*15 CE Credits - with completion of The Basics as part of Tools for Promoting Healthy Change Course			15 CE Credits
American Culinary Federation	None	None	None			15 CE Credits